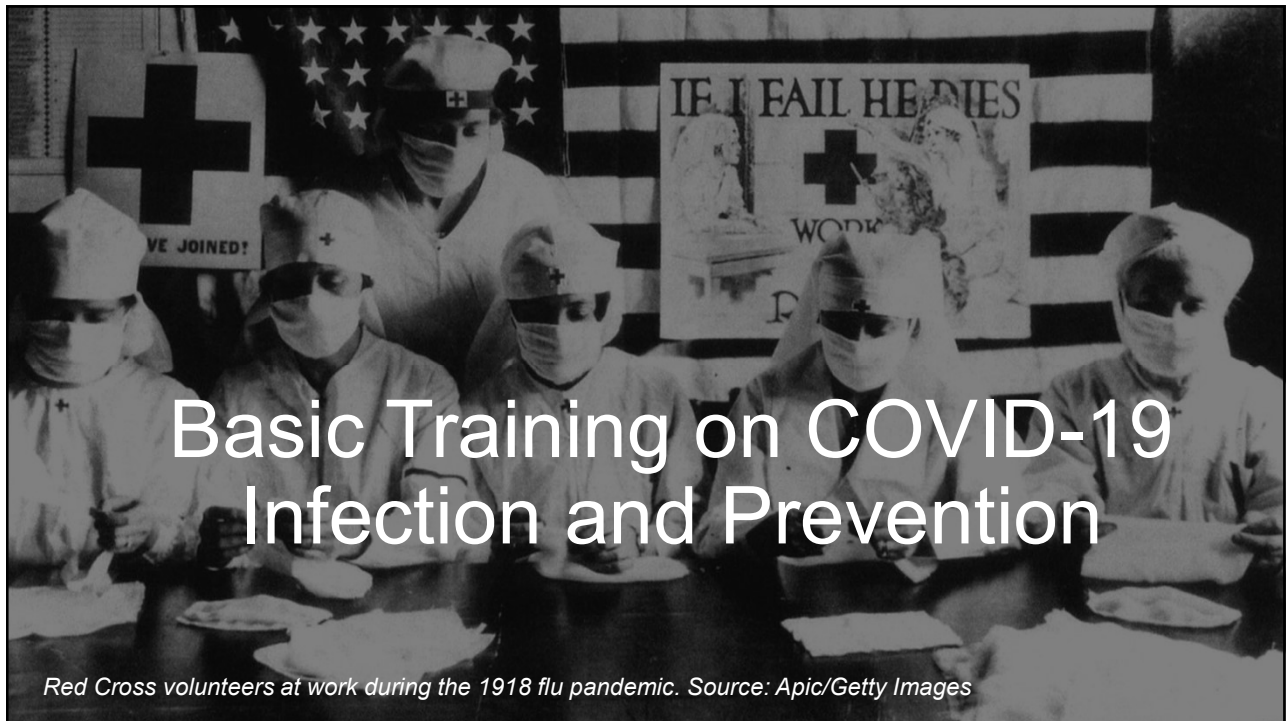


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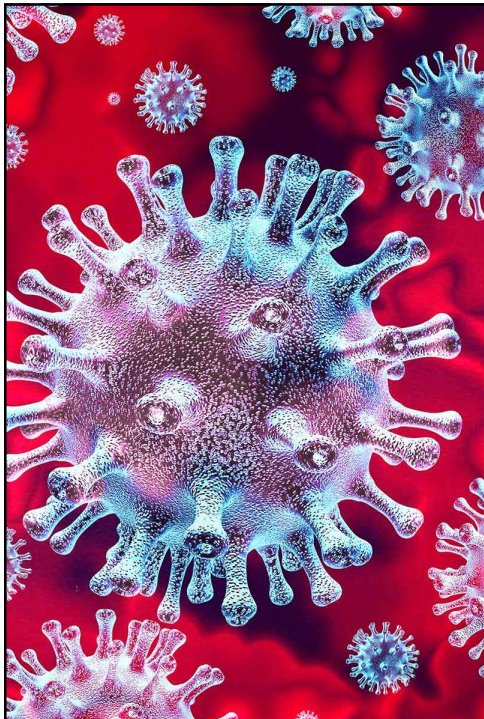


## Today's Game Plan

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- Overview of COVID-19, the symptoms, and how it's spread
- Review how your exposure risk changes, based on the type of environment you're in
- Protecting yourself and voters
- What to do if you feel sick or test positive
- Additional guidance

3

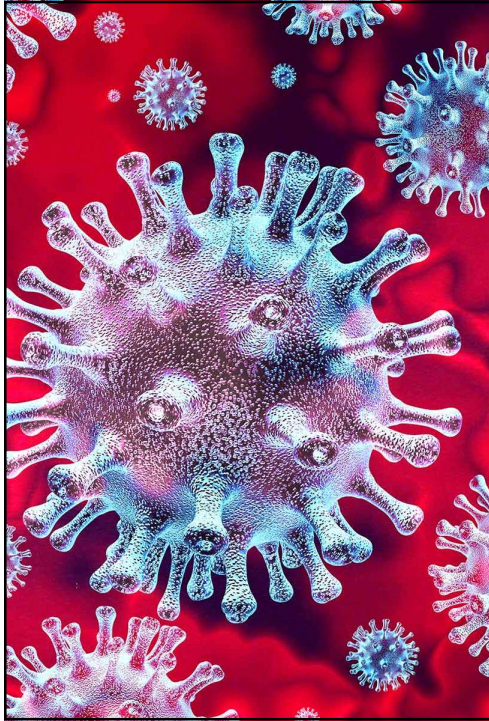


## What is COVID-19 (Coronavirus)?

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- A virus related to other coronaviruses that cause the common cold but can cause severe health effects
- It is highly contagious, easily spread from person to person
- In less than a year, it has infected 6.7 million and has killed 200,000 people in the US alone

4

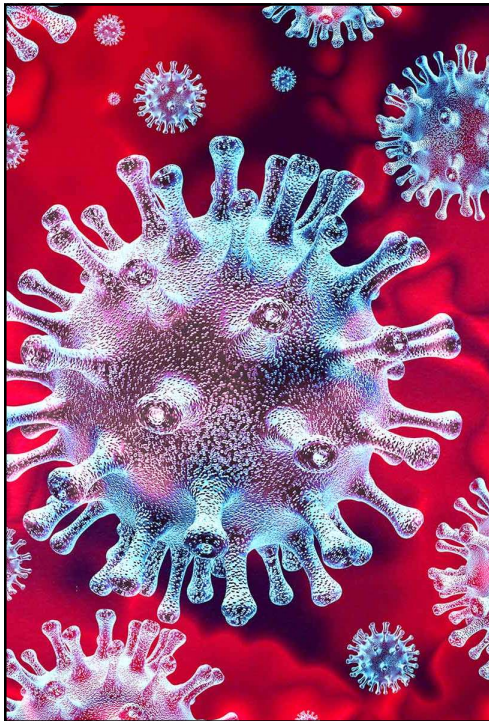


## What is COVID-19 (Coronavirus)?

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- Symptoms may include fever, cough, shortness of breath, headaches, chills, muscle aches, sore throat, fatigue, congestion, runny nose, loss of sense of taste or smell, nausea, vomiting, and/or diarrhea
- Some infected people show no symptoms (asymptomatic)
- Symptoms typically begin 2 - 14 days after exposure

5



## What is COVID-19 (Coronavirus)?

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- It is spread from person to person, mainly through respiratory droplets from someone who is infected
- It can spread to others from coughing, sneezing, singing, yelling, or from just talking
- It can also spread from contact with contaminated surfaces or objects

6



# Risky Jobs and Work Environments

Very High Risk	High Risk	Medium Risk	Low Risk	Very Low Risk
<ul style="list-style-type: none"> <li>Healthcare workers caring for coronavirus patients</li> <li>First responders transporting infected persons</li> <li>Employees at facilities where no sanitization protocols are in place.</li> </ul>	<ul style="list-style-type: none"> <li>Mortuary workers performing autopsies of infected persons</li> <li>Work areas w/10+ employees and 6ft separation cannot be maintained</li> <li>Employees performing tasks requiring close proximity w/other employees for more than 10 min/hr</li> </ul>	<ul style="list-style-type: none"> <li>Employees working w/in 6ft of others several times a day w/out protective barriers</li> <li>Employees working w/3-6 others providing personal services to healthy clients wearing a face covering</li> <li>Jobs where tools are shared and sanitized between users</li> </ul>	<ul style="list-style-type: none"> <li>Jobs where you can mostly stay at least 6 feet away from coworkers; only needing to briefly pass by them a few times a day</li> <li>Crews outside on large jobsites where 6-foot separation is easily maintained.</li> <li>Jobs where tools are not shared between employees.</li> </ul>	<ul style="list-style-type: none"> <li>Working alone or outside where 6ft separation is always maintained</li> <li>1-9 employees working inside buildings w/adequate ventilation</li> <li>Jobs where tools aren't shared w/others</li> <li>Jobs w/low or controlled interaction w/the public</li> </ul>

7

## Ways to protect yourself and voters

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- You are required to wear a face mask, face shield, and gloves. These items, along with social distancing, reduces the risk of infection.
- Cover coughs and sneezes using a tissue or use your elbow. Use a fresh pair of gloves.
- Avoid touching the eyes, nose, or mouth. Change your gloves after using the restroom or eating.
- Stay home if you are sick and self-quarantine if you've been exposed to someone with coronavirus.

8



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10



# County Requirements

- Provide proper PPE for elections workers and offer items like face masks and sanitizer for in person voters
- Train all workers on specific protective measures and PPE required at the workplace Provide hand-washing facilities and sanitation supplies. (i.e., disinfecting wipes, hand sanitizers, disinfecting sprays)
- Set up physical distancing measures (i.e., post signs, floor markings)
- Send home sick workers (i.e., take temperature, health screen)
- Install barriers between workers where feasible and control the flow of traffic.

11

**COVID-19 alert**  
Coronavirus disease

**Symptoms**    Prevention    Treatments

Take a self-assessment

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake

**Map of cases (last 14 days)**

**Nevada County**  
Total cases: 52 (September 3 - 16)

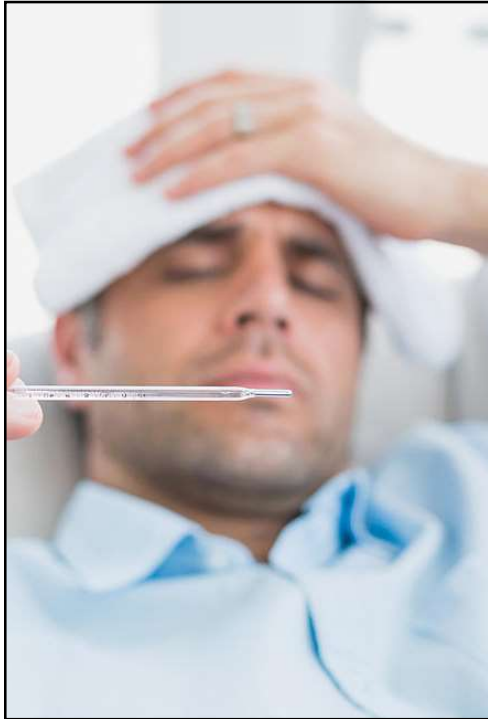
**Cases overview**

Nevada County		
Total cases	Recovered	Deaths
503 +0	-	5 +0

**California**

Total cases	Recovered	Deaths

12



## What do you do if you feel sick?

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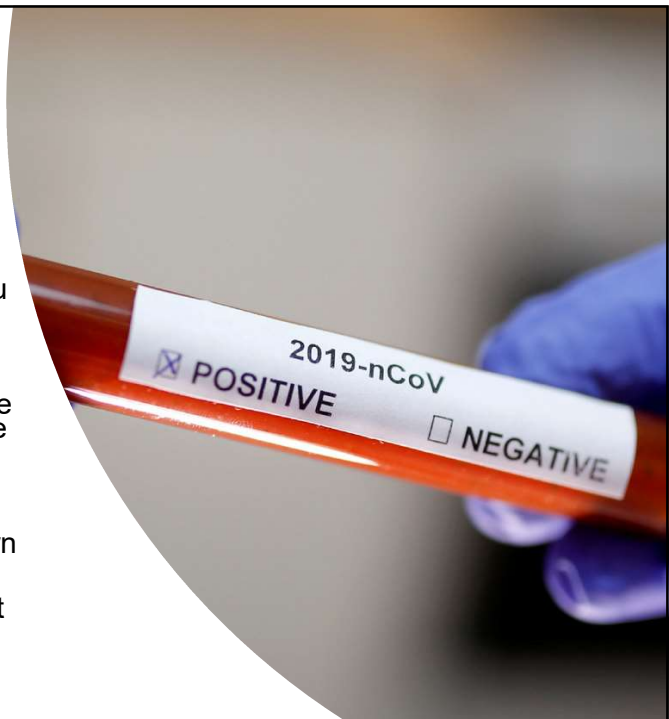
- If you believe you have the coronavirus, stay home and call your healthcare provider.
- Let the Elections Office know that you can no longer serve.
- If you have been infected, you may not have had symptoms for several days but may have passed the infection onto co-workers.

13

## If you test positive for COVID-19

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- Your healthcare provider will advise you on procedures to follow.
- Immediately let the Elections Office know as so we can take appropriate action, i.e., cleaning and disinfecting the site, notifying co-workers that may have been exposed.
- The Elections Office will consult with Public Health and may have to replace the entire vote center team or shut down the site.
- Please note that this information is kept **confidential**.



14

## Additional Guidance

- COVID-19 Guidance from the Centers for Disease Control:  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- COVID-19 Self-Assessment:  
<https://landing.google.com/screener/covid19?source=google>
- California-specific guidance and data: <https://covid19.ca.gov/>
- Nevada County COVID-19 Dashboard:  
<https://www.mynevadacounty.com/2924/Coronavirus>
- COVID-19 Training from the Secretary of State is also available.  
Email [elections.mail@co.Nevada.ca.us](mailto:elections.mail@co.Nevada.ca.us) for further information.